

## *I have a DREAM ...*

To be guided by my own COMPASS, not by what others believe I should be.  
To LEARN and GROW from my relationships and experiences—good and bad.  
To be LOVED and APPRECIATED for who I am, not just for what I ACHIEVE.

## *I want to BELIEVE in myself...*

To feel motivated to **Learn**.

To work **Collaboratively** with others.

To overcome **Adversity**.

To feel **Alive, Aware, and Hopeful**.

To live my **Values** in the world.

To choose and change my **Goals**.

To feel **Inspired**.

To lead a **Meaningful** life.

I welcome your SUPPORT and give you mine as  
we champion our hopes and dreams together.

The COMPASS



ADVANTAGE™

# Thank You!

Thank you for downloading *I Have a Dream*, *My Parenting Promise*, and/or *Our Community Promise* from *Roots of Action*, a website devoted to providing research-based resources for parents, schools, and communities that want to impact the positive growth and development of children and teenagers. These documents are copyrighted by developmental psychologist, researcher, and *Roots of Action* founder Marilyn Price-Mitchell PhD, and have been made freely available for non-commercial use under a [Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International License](#).

Grateful acknowledgement is given to many teen and adult leaders of the *Bainbridge Healthy Youth Alliance* for their collaboration in the creation of these documents. BHYA is a collective impact effort to improve the health and well-being of children and teens in Bainbridge Island, WA. It is through their thoughtful and intentional work on behalf of youth that these documents emerged.

*I Have a Dream* is a declaration by youth that expresses their aspirations beyond academic achievements. It can be used in a variety of ways including: 1) for family, school, or community discussions about fostering positive youth development, 2) for hanging adjacent to *My Parenting Promise* or *Our Community Promise* as a helpful reminder of what matters most to youth.

*My Parenting Promise* is a statement of family values that are known to positively impact the development of core abilities in youth—curiosity, sociability, resilience, self-awareness, integrity, resourcefulness, creativity, and empathy. It can be used in a variety of ways, including: 1) for family discussions, 2) for hanging adjacent to *I Have a Dream* as a helpful reminder of the ways parents impact children every day, and 3) as an example of a promise, goal statement, or manifesto that families can collaboratively create themselves to help guide their daily words and actions.

*Our Community Promise* is a set of mutually reinforcing activities that enable all stakeholders to positively impact youth. It is designed for schools, government agencies, nonprofits, faith communities, businesses, and all citizens who impact youth through their words and actions. It can be used in a variety of ways, including: 1) for family-school-student-community discussions, 2) for hanging adjacent to *I Have a Dream* as a helpful reminder of the ways communities support young people as they navigate the journey to adulthood and careers.

## Please Share!

Please feel free to share these documents widely. If you or your organization would like print-ready documents for professional printing of large quantities, please visit [www.rootsofaction.com](http://www.rootsofaction.com) and use the contact form to make your request. You'll also find many resources there, including information about *The Compass Advantage* framework at the heart of these documents.